AMERICA'S CARDBOARD CUP REGATTA WAIVER & RELEASE OF ALL CLAIMS

IMPORTANT INFORMATION - The Crystal Lake Park District and America's Cardboard Cup Regatta Foundation is committed to conducting its recreation programs and activities in a safe manner and holds the safety of participants in high regard. The Crystal Lake Park District and America's Cardboard Cup Regatta Foundation continually strives to reduce such risks and insists that all participants follow safety rules and instructions that are designed to protect the participants' safety. However, participants and parents/guardians of minors registering for programs /activities must recognize that there is an inherent risk of injury when choosing to participate in recreational activities/programs. You are solely responsible for determining if you or your minor child/ward are physically fit and/or skilled for the activities contemplated by this agreement. It is always advisable, especially if the participant is pregnant, disabled in any way or recently suffered an illness, injury or impairment, to consult a physician before undertaking any physical activity.

WARNING OF RISK – Participating in the America's Cardboard Cup Regatta is intended to challenge and engage the physical, mental and emotional resources of each participant. However, despite careful and proper preparation, instruction, medical advice, conditioning and equipment, there is still a risk of serious injury, including drowning. All hazards and dangers can be foreseen. Certain risks include, but are not limited to, dangerous weather and weather conditions such as rapids, deep or cold weather, above and subsurface rocks and obstacles, hydraulics, strainers and ledges, acts of God and insect bites. Other risks include capsizing, being pinned between rocks, logs or tree, hypothermia, sunburn, heatstroke, dehydration inadequate supervision or instruction, horseplay and carelessness, poor boating or swimming skills, loss of balance, collision with other boats or stationary objects, paddling the boat in waters too difficult for the operator's capability, inadequate or defective equipment, and failure to wear a personal flotation device or other safety equipment. In this regard, it is impossible for the Crystal Lake Park District and America's Cardboard Cup Regatta Foundation to guarantee absolute safety.

WAIVER AND RELEASE OF ALL CLAIMS AND ASSUMPTION OF RISK - Please read this form carefully and be aware that in signing up and participating in the program(s), you will be expressly assuming the risk and legal liability and waiving and releasing all claims for injuries, damages or loss which you or your minor child/ward might sustain as a result of participating in any and all activities connected with and associated with these programs (including transportation services, when provided).

I recognize and acknowledge that there are certain risks of physical injury to participants in these programs, and I voluntarily agree to assume the full risk of any and all injuries, damages or loss, regardless of severity, that my minor child/ward or I may sustain as a result of said participation. I further agree to waive and relinquish all claims I or my minor child/ward may have (or accrue to me or my child/ward) as a result of participating in these programs against the Crystal Lake Park District and America's Cardboard Cup Regatta Foundation, including its officials, agents, volunteers and employees.

I have read and fully understand the above important information, warning of risk, assumption of risk and waiver and release of all claims. Participation will be denied if the signature of adult participant or parent/guardian and date are not on this waiver.

Event Date: July 27, 2019 and Rain Date: July 28, 2019

Printed Name	Signature (Parent/Guardian Signature if under 18 years of age)	Date